

# YOUR PORTER

## MEET YOUR PORTERS

Take some time to get to know your porters. They will appreciate this small gesture. Plus, you might even learn a thing or two about their culture.

## WAGES

Showing you care, will ensure proper porter treatment by tour operators.  
-Ask your guide about your porters wages  
-Do wages include food?

## PROPER EQUIPMENT

Porters should have their own tents & sleeping bags. They should also be outfitted properly with boots, jackets, pants, gloves & hats. The Kilimanjaro Porter Assistance Project has gear which we loan to porters.

## SICK PORTERS

Porters also suffer from altitude sickness and cold weather. Make sure that sick porters are sent down for medical care. They deserve the same standard of care and treatment that you expect for yourself.

## TIPPING

Tip your porters directly or through a trustworthy operator. This way they will receive the amount you intended.



## ABUSE & NEGLECT

Report all abuse or neglect.  
Contact our office:

*Kilimanjaro Porter  
Assistance Project*

## FOOD

Make sure your porters are getting proper food and lots of water.

## NUMBER OF PORTERS

Count the porters each day. If they are sent down early, they do not receive their full tips, and other porters must then carry their loads.

## WEIGHT OF LOAD

Each porter's load cannot exceed 25 kg. Take a few minutes with the camp scale to check that your porters are not being forced to carry more than the legal limit of 25 kg.

## TRY TO CARRY

Pick up a load! You'll see how much the porters are doing for you. Don't overload your porters.

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**www.kiliporters.org**  
**CLIMB SURVEY**

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**info@kiliporters.org**  
**Tel: 0744-817-615**